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The Promise of Community Action
“Community Action changes people’s lives, embodies the spirit of home, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.”

Statement of Activities For the Year Ended September 30, 2016

REVENUES AND OTHER SUPPORT

Federal \$1,990,682
State \$40,813
Local \$242,896
Other \$8,375
Interest \$171
Total revenues \$2,282,937

PROGRAM EXPENSES

Direct aid/assistance \$1,473,914
Rent/Lease/utilities \$31,697
Communications \$7,082
Print/Publications \$6,996
Supplies \$10,236
*Contract services and labor \$116,243
*Compensation & other payroll costs \$600,927
Insurance \$12,050
Travel \$14,315
Dues and fees \$15,816
Other expenses \$23,986
Total Program Expenses \$2,313,262
***Compensation/contract include direct assistance such as teaching parenting/at-risk youth classes and housing counseling.**

Althea McClellan
April 25, 1954—
August 11, 2016



In loving memory of our Miss Al who faithfully served on the Agency Board of Directors from August 2000 to August 2016.

Annual Report 2016



**Community Action Agency of
Northwest Alabama**



“Our mission is to reduce the causes and adverse consequences of poverty and to empower low-income individuals, families and communities to achieve self-sufficiency through advocacy, resource utilization and service delivery.”

Agency Services & Outcomes

- **Family Development/Self Sufficiency** works for families seeking to move toward economic independence. 4 families entered into our long term self-sufficiency program.
- **Mothers** created for mothers only, women are taught skills for parenting including age appropriate discipline in addition to self-assessment, anger/conflict management and building self-esteem. There were 213 women who completed the program during 2016 including court/DHR ordered.
- **Northwest Alabama Responsible Parenting** “NARP” is a parenting program for fathers seeking to improve parenting skills and places a focus on the fathers role, however this program is unique in offering the mother of the children the opportunity to join the class for parenting and relationship growth as a couple. 116 fathers, and 90 women, including court/DHR ordered.
- **Sons** For young men ages 12-18 this class teaches self-image and esteem, builds positive attitudes, respect for self and others reinforcing benefits of education and avoiding early fatherhood. A total of 31 youth enrolled and completed the Sons program.
- **Daughters** Young ladies ages 12-18 years attend weekly group sessions designed to build self-esteem, healthy relationships and positive attitudes learning how to avoid issues that can lead to early parenting and juvenile delinquency. Daughters had 29 young women to complete the program.
- Each year, since 1976 through the **Garden** program, seeds, plants and fertilizer are provided to more than 1,050 Shoals families to grow their own food to reduce food bills.

- **Weatherization** Energy conservation is the goal of our homeowners Weatherization program. A home assessment is completed as defined by the Department of Energy to determine energy saving work to be preformed. 13 homeowners are enjoying lower utility bills safer and more comfortable homes.
- **Housing Counseling services provided** by HUD-certified housing counselors who also assist with shelter needs including rental and those who are homeless. First time Home Buyers classes are taught for potential homeowners. 420 households were provided housing counseling, 318 financially assisted, 65 of which were homeless at intake.
- **Energy Assistance** is provided to households who meet the federal and/or private funding guidelines in paying energy bills. This service is one of the most requested the agency provides with over 3,300 households assisted in 2016.
- **Meals on Wheels** has been a service since 1975 through volunteers, grants, United Way and donations serving homebound elderly and disabled low-income clients. Over 400 volunteers a year deliver meals to the 223 clients in 2016, providing weekday hot meals and frozen meals for weekends.

Location of Service:

1001 S. Washington Ave., Russellville AL

256-332-7534

505 N. Columbia Ave., Sheffield AL

256-383-3832

745 Thompson St., Florence, AL

256-766-4330

(also Administrative offices)

Hours M-F 8-4:30 pm

Closed federal/state holidays

2016 Participant Characteristics

Unduplicated households served— 4,451*

Age Individuals Served

70+ —515

55-69—904

45-54—723

24-44—1,701

18-23—366

Race

Black—2,431

White—3,777

Other—282

Income

Social Security—1,482

SSI—888

Employment—737

Pension—91

Unemployment Ins.—57

Zero Income—407

Education (24 and up reporting)

0-8—37

9-12 non graduate—1,613

High school grad or GED—1,527

Some post secondary—172

2-4 year college grad—444

Family Type

Single parent female—893

Single parent male—33

Single/adults—2,067

Two Parent—203

Other—205

Housing

Own—818

Rent—2,380

Homeless—103

Other—96

*Includes Garden, no characteristics available.